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| --- | --- | --- | --- |
| Day | School  | Home | Comments  |
| Monday |  |  | Couldn’t find my bag – really crossWanted gaming time to take my mind off it but dad said homework first.  |
| Tuesday |  worry, scared, embarrassed | proud | Worried about my line in class assembly. Proud I did it **Really clear delivery in assembly – well done** |
| Wednesday | ExcitedProud |  | None school uniform – got to wear my Arsenal shirt **Great attitude all day – well done** |
| Thursday | Happy  | scared | Watched ‘Five night’s at Freddy’s’ as everyone else is. Couldn’t sleep.PE today – my fav |
| Friday |  Embarrassed, tired | Embarrassed | Really tired at school cross I was told off in front of everyone for day dreaming *This helped me understand - thanks* |
|  | Morning  | Evening |  |
| Saturday  |  |  | Little brother knocked the laptop and I lost my game – got told off for hitting him*Well done for saying sorry*  |
| Sunday |  |  | Scored a goal for my team this morningWorried about the maths test tomorrow |

|  |  |
| --- | --- |
| Happy | Sad |
| Angry | Scared/worried |
| Tired | Leave me alone |

