

Watch introductory video (5 minutes) <https://www.youtube.com/watch?v=7KJa32r07xk>

An introduction to Emotion coaching (25 minutes)
https://www.youtube.com/watch?v=AjOL_dXPp9Q

[Introducing parenting styles \(click image for video\)](#)

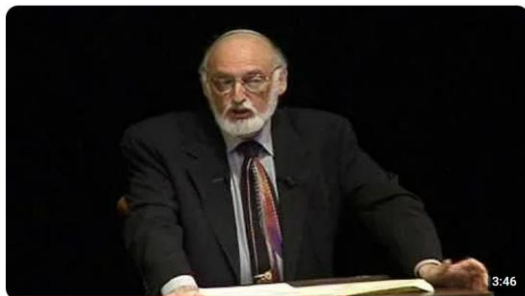


Parenting Styles, Part III: The Gottman Model

3.6K views · 6 years ago

[The Kind of Parent You Are](#)

The video version of the article posted at www.thekindofparentyouare.com/articles/parenting-styles-part-iii-the-gottman-model.



Raising an Emotionally Intelligent Child | Dr. John Gottman | Parenting Advice

111K views · 14 years ago

[The Gottman Institute](#)

Listen to Dr. John Gottman discuss how relationships affect children and the factors that determine what they will be like as an ...

You might want to look at the following models of the different styles and reflect on interactions in school. (click image for videos)

Primary School lunchtime ✕
Emotion Coaching UK - 1 / 4

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- 1 Emotion Disapproving Style - Primary School Lunchtime
Emotion Coaching UK 3:38
- 2 Emotion Dismissing Style - Primary School Lunchtime
Emotion Coaching UK 3:59
- 3 Laissez Faire Style - Primary School Lunchtime
Emotion Coaching UK 3:58
- 4 Emotion Coaching Style - Primary School Lunchtime
Emotion Coaching UK 4:59

The 'Liv' Video Series ✕
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- 1, Emotion Disapproving Style - 'Working one-to-one with Liv'
Emotion Coaching UK 2:55
- 2 Emotion Dismissing Style - 'Working one-to-one with Liv'
Emotion Coaching UK 3:03
- 3 Laissez Faire Style - 'Working one-to-one with Liv'
Emotion Coaching UK 3:04
- 4 Emotion Coaching Style 'Working one-to-one with Liv'
Emotion Coaching UK 3:53

Ethan in the classroom ✕
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- 1 Emotion Disapproving Style 'Ethan' Series Emotion Coaching Film
Emotion Coaching UK 2:13
- 4 Emotion Coaching Style - 'Ethan' series - Emotion Coaching Film
Emotion Coaching UK 3:27
- 3 Laissez faire Style 'Ethan' Series Emotion Coaching Film
Emotion Coaching UK 2:16
- 2 Emotion Dismissing Style 'Ethan' Series Emotion Coaching Film
Emotion Coaching UK 2:06

Think about which videos would best suit your needs – you certainly do not need to watch them all. For example, the frequently asked questions may be more useful than the introductory video.

Similarly, when looking at the modelled interactions you may just want to focus one scenario rather than all three.

You may want to think about some actions following the training and consider a follow-up session.

Please remember to register and evaluate using the webinar QR code.

A series of frequently asked questions... X

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- ▶ 1. What do you like about Emotion Coaching? 2:50 1 Introduction + What Do You Like About Emotion Coaching? ⋮
Emotion Coaching UK
- 2 2. What impact have you noticed Emotion Coaching has on children? 2:16 2 What Impact Does Emotion Coaching Have On Children? ⋮
Emotion Coaching UK
- 3 3. What impact have you noticed Emotion Coaching has on adults? 2:23 3 What Impact Does Emotion Coaching Have On Adults? ⋮
Emotion Coaching UK
- 4 4. Is Emotion Coaching hard to do? 2:25 4 Is Emotion Coaching Hard To Do? ⋮
Emotion Coaching UK
- 5 5. Does Emotion Coaching take a long time? 2:33 5 Does Emotion Coaching Take A LongTime? ⋮
Emotion Coaching UK
- 6 6. Can you use Emotion Coaching with children who have additional needs? 3:26 6 Can You Use EC with Children Additional Needs? ⋮
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