



Meadowfield School  
Swanstree Avenue  
Sittingbourne  
Kent ME10 4NL

T: 01795 477788  
E: [office@meadowfield.kent.sch.uk](mailto:office@meadowfield.kent.sch.uk)

Ms Angela Howe, BA Hons, NPQSL  
Principal

5<sup>th</sup> December 2024

Dear Parents/Carers

## Re: Online Safety – Enquire Pathway

Whilst technology continues to be a significant part of our lives, it is important to address the online safety of our pupils. Digital devices enable our pupils to have access to connect with their peers anytime and anywhere, but this requires us as a school and you as parents to work together to ensure we provide them with enough guidance on how to stay safe online and to communicate with other appropriately.

I am writing to you to ask that you have open conversations with your child about online safety and to ensure that you are aware of how your child is using their phone and other digital devices. Here are a few key points that I believe can help you promote responsible and safe usage of their devices:

### 1. Understand your child's digital activities

Go through your child's devices to make yourself familiar with the apps, games and websites they are using. Ask them to show you how they work and ask them what it is they enjoy about them. This is a good way to build up trust and to stay informed with what is happening on your child's device.

### 2. Set clear boundaries and expectations

Make clear rules for the use of the devices you child has access too. Include appropriate online behaviour, time limits and which apps and website are permitted. There are many parental controls that can be put onto devices to help manage access to content that your child has.

### 3. Encourage open communication

Encourage your child to talk to you about anything they encounter online that makes them feel uncomfortable, worried, angry or confused. Reassure them that they can come to you and that you will help them resolve things.

### 4. Model good digital habits

Our behaviour as adults is often copied by children, so show them how to use technology responsibly by modelling healthy habits, such as limiting screen time.

It really is important that you stay involved in your child's online world, to ensure they are kept safe. I have included a poster that includes 12 social media tips for you to look at and discuss. As well as this, there will be weekly posters and information sent out about online safety for you to discuss with your child at home.

If you would like any further resources or support regarding online safety, please do not hesitate to contact me.

Yours faithfully

Sue David  
Assistant Principal Enquire Pathway