

Handy Tips for Using Backward Chaining

Do use in a variety of situations. Some examples are:

- Dressing/Undressing
- Toileting
- Eating
- Activities

Do ensure the child has mastered the last step before reducing the steps the adult completes and do this for each of the steps.

Do keep any prompts as non-verbal ones that can gradually be withdrawn.

Do use in conjunction with other strategies e.g Now and Next Boards. Try Backward Chaining with the 'Now' to provide further support if the child needs this.