

This bespoke resource is taken from the Anna Freud website, for further information please refer to the MIDAS training brochure.

Multi Family Groups

What is it?

Multi Family Group is an intervention aimed at supporting CYP who have difficulty with learning due to their SEMH needs.

The intervention is designed as a collaborative supportive intervention, which is accessible and non-stigmatising for CYP and their families. The group involves parents joining a family group to support their child, so that they can be happier, achieve better and attend school more consistently.

The intervention aims to develop relationships between;

- Parent and child
- Home and school
- Parent and parent

Who is it for?

- Children whose SEMH needs are impacting their learning, confidence and engagement in school. *Not those at risk of exclusion
- Parents who can attend consistently and are willing to participate in the activities planned for in the group.

What does it look like?

- 8 weekly sessions, 1.5 hours each week.



- Each session runs in the TPART structure, above.

Further links and resources

<https://www.youtube.com/watch?v=pKYTuQ6PviA>

<https://www.annafreud.org/training/education/training-in-schools-and-colleges/multi-family-groups-in-schools/>