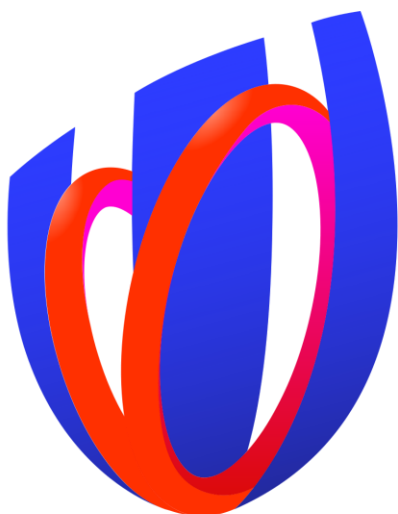


# PE Newsletter 23- 24 Term 1



**RUGBY**  
**WORLD CUP**  
**FRANCE 2023**





### In this issue....

This term the PE team have been working on team sports & games as well as continuing to improve engagement in physical activity across the weeks. Please have a look at the amazing work that has already happened in term 1!

### Pupil of the term

#### ***Ian***

- Hazel (Jays)

Hazel has been loving the bikes and rowing machine this term Hazel has enjoyed the new challenges that have been set and always gives 100% to being active in PE. Excellent effort this term Hazel.

- Ava (Ladybirds)

Ava has been fully engaged in PE lessons and has developed listen skills and balance. Ava joins in with the PE warm up and stretches. Well done Ava you have worked really hard.

- Kyle (Spielberg)

Kyle has been extra helpful in PE and leads by example often helping others in his class. He is always motivated to succeed and has performed brilliantly during the rugby lesson. Kyle always has a smile on his face and has really grown - Well done Kyle.



### Deanna

- Cody (Snowdrops) has done very well in PE this term and has developed into games playing rules and even making rules up, he is always in PE kit, transitions to PE, takes part in the

whole lesson and his confidence has developed so much. Cody keep up the good work, Dee is very proud of you!

- Jalen (Kahlo) has done very well in PE overall all the time. He turns up in kit, and always takes part, following rules and generally just contributes 100% effort in PE and has superb determination to do well and overcome any obstacles he faces. Well done Jalen!





### Conor

- Scarlett (Glennie)

Scarlett has been incredible this term, always trying her best at every activity, keeping all her peers safe when they built their obstacle course & always smiling not matter what is happening. Well done Scarlett, very proud of you!

- Daisy (Daisies)

Daisy has been an absolute superstar this term in PE, transitioning independently to the sports hall, playing sticky wall, sharing the Kinball with her friends & always asking politely to build a train with scooter boards at the end of PE. Absolute star Daisy, well done!



## Breaking Barriers







Breaking barriers initiative is a new PE concept here at Meadowfield that encourages all members of the school community to work together regardless of the differences in ability and individual challenges. A great example of this is on Tuesday Deanna works with different pupils in Engage pathway alongside pupils in Enquire. We have witnessed magical moments of empathy and kindness being shown towards other pupils. Moments of sharing and communicating where it might not have been before. Parks class did a great job working alongside Emeralds and Discovery they motivated the pupils and did really well lifting energy within the lesson.

Dee has been working hard on a Tuesday breaking barriers but this has been a whole department aim and a target we want to build on this year. It is about breaking barriers and pupils from all over the school mixing and getting to know each other regardless of age, disability, classes and so on. Well done to Turing who delivered their obstacle course to snowdrops during term 1 and breaking barriers of age. Turing were able to lead and demonstrate their obstacle course they built for snowdrops. Dee

was very impressed and so was Snowdrops too, this is another way on the how the PE team are working on breaking barriers in School. Dee has also been working and helping out in Diamonds during free flow on Tuesday with breaking barriers, encouraging pupils to engage with each other and playing games.





## London Youth Rowing



Rose from London Youth Rowing Club came in during Term 1 to do rowing sessions and will be in Term 2 every other Thursday starting on the 2nd November. She will work with Enquire, Orange and Blue corridor to help achieve their aim of making rowing more inclusive but also our PE aim to build

pupils physical activity levels. Well done to Butterflies, Foxes, Kestrels, Kahlo also Enquire Department for taking part in some extra rowing when Rose visited. Rose will also help us to go to rowing events and fixtures to compete.

## WELL PE

Research has shown the importance of addressing the sensory needs of pupils, particularly those with ASD, in order that they can focus on learning. Well – PE is used within the explore informal pathway and helps to develop self control and regulation during high energy PE lessons.

## Updated Trikes, Bikes & Scooters

The PE team purchased new equipment for the K2 play ground. Foxes class helped to unpack and build the new Winther Trikes. Thank you to Foxes Team for being the custodians of the new Winter trikes. It has been amazing to witness the impact. So many pupils now have the ability to be active on the KS2 playground.





## Rifton Trikes



Engage pathway use the Rifton bikes for the first time this term. Some pupils from Discovery, Diamonds and Emeralds class have been using the fantastic specially adapted bikes. This allows pupils who might not traditionally be able to use the bikes be able to use the new equipment and be included. A massive thank you to Active Kent and Medway for the sponsorship and allowing us the purchase such great equipment.

Please see below for some links to various websites with potential opportunities to apply for funding to support in purchasing specialist equipment.

<https://grants-search.turn2us.org.uk/>

<https://newlifecharity.co.uk/>

<https://www.caudwellchildren.com/>

<https://www.whizz-kidz.org.uk/>

<https://www.afkcharity.org/>

## Ghost of Meadowfield



The ghost of Meadowfield visited some PE lessons in term 1 in theme with Halloween, to engage pupils in following rules, so when the ghost comes near you have to freeze, pupils loved this and found it very funny but also followed rules, along to the song Ghostbusters.

## UK Active



We have recently had Esme come in to Meadowfield school to undertake a survey to identify the impact & engagement of pupils with regards to our after school clubs as well as other opportunities that the PE team provide for our students.

This visit was a great success & we look forward to continuing to improve the sporting offers to our pupils.

[UK Active \(Who We Are\)](#)

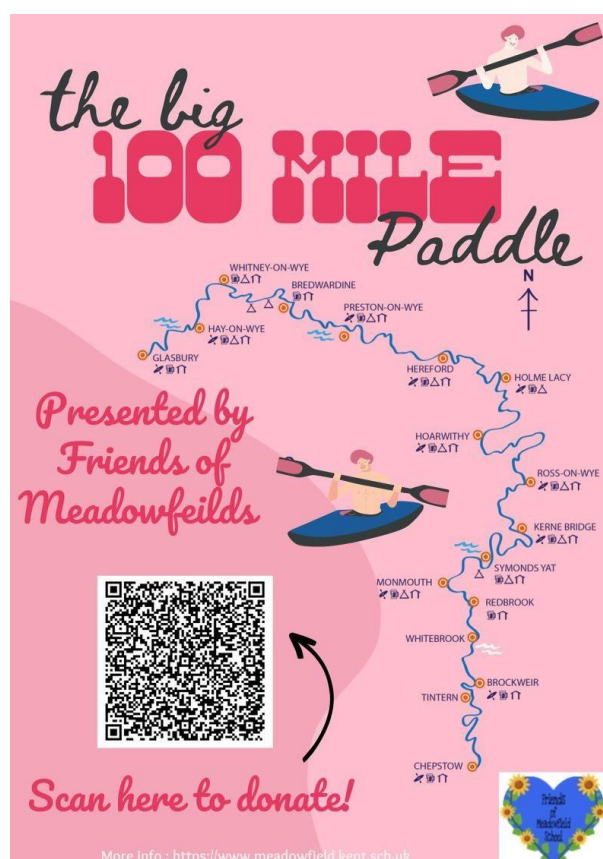


## Charity Work



A massive thank you to David (Tilly's Dad) who, in his own time, raised £769 for the Friends of Meadowfield charity, undertaking a herculean task of performing thousands upon thousands of kicks & punches to achieve his black belt in Karate.

## 100 mile row



Also a reminder for any donation towards Ian's gruelling challenge of rowing 100 miles down the river Wye for our new project of building a sensory suite, we would appreciate, we wish you the best of luck Ian!



If you wish to make a donation to our schools current fundraising project please use the link below.

[Friends of Meadowfield Just Giving Page](#)

[Meadowfield's current fundraising project](#)

## New Transport Helpers



The transport team have gained two new pupil members, Harry and Charlie, everyday they are outside come rain or shine taking their role very seriously. Well done guys, keep up the good work! You are demonstrating brilliant resilience especially now the winter is here.

## Kent School Games Donations





Snowdrops were given some Kent School Games T-Shirts for their continuous effort and contribution in PE, sport and physical activity. Well done Snowdrops! They loved the t-shirts to the point we have had feedback some pupils have slept in them and some are helping pupils transition from A to B.

### Motor Activity Training Programme (MATP)



The Special Olympics Motor Activity Training Programme (MATP) is a unique programme specifically designed for athletes of all ages with Profound and Multiple Learning Difficulties (PMLD) or complex needs.

Ian, Deanna & Conor will be undertaking training in this programme so that we can find new & engaging ways for all students to become involved in different sports.

<https://www.specialolympicsgb.org.uk/sports-and-competition/matp>





## KSENT PE



PE KSENT meeting took place on the 10 October. Many PE teachers from across the county making the effort to travel to Meadowfield. It was great to see so many PE teachers from over 17 SEN schools in Kent - The meeting allowed for the PE leads to develop positive connections and links with each other. An opportunity to improve the subject and provide even more opportunities for pupils such as fixtures and tournaments. Visitors from Active Kent and Medway, Mid Kent, Inclusive Sport and our local SGO sign posted some fantastic opportunities. The KSENT games has been booked again for June 2024 and will be run by the Meadowfield PE team in collaboration with Mid Kent College and Inclusive Sport.

## Lunch time Clubs & additional activities





Clubs are back on, we have Olympia Boxing on Tuesday 10-11 with Wrens and Woodpeckers and Pop Dance on a Thursday 10-11 with Poppies and Snowdrops. Football for All on the Enquire playground at lunch. Faversham swimming with Woodpeckers starts on the 31st October 2023, please bring swimming kit and towel. Soft play for Snowdrops and Ladybirds will start next term again on 31st October.