

PE Newsletter

Term 2 November – December 2022

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This term the PE team have been continuing our themes of travel, transport & teamwork.

There has been lots of exciting news to share this term & we are looking forward to the new year with plenty more to come.

Golf (Glennie)



The PE team would like to say a big thank you to Sophie for coming in to provide Meadowfield's 1st ever golf session.

Students from Glennie had a brilliant time and learnt new skills including putting & chipping.



Poppies & Hawking

Poppies joined Hawking for one of their PE lessons and huge thank you to Daniel, Sharon, Nile, Tammy and Tanya for helping with such a fun, energetic lesson. All pupils did amazing, well done to Poppies for winning medals!

Inclusive Sport

Thursday 8th December 2022, Hawking and Parks had a visit from Inclusion Sport with Dave and Joe, who were incredible, they got to know the pupils's names and produced a fun, engaging and energetic lesson for our pupils. They have clubs on Saturday mornings in Whitstable, Thanet and Canterbury.

Please see details, <https://www.inclusivesport.net/> where you will find phone number, email and what is on offer.

SCAN ME



Virgin London Marathon

Members of the Meadowfield PE Team lead in and organise the start of the London Marathon (LM). This has led to donations to the school from the LM and we were incredibly grateful to receive a huge amount of runners clothing and other LM memorabilia. The children loved all the goodies brought back from the LM and the hope is next year we might invite others to be part of the London Marathon Volunteers Team.

Gym Gear UK

gymgear 

We have had a visit from Gym Gear UK who are going to install the equipment on Thursday 15th and Friday 16th December 2022 for the Health and Wellbeing Suite.



Apple & Tractor Day



Thank you to our amazing local farmers, Tim Malpas, Darren, Lucaz and Mario for the 800kg of apples delivered to the school on 6th December. One pupil said "I've never seen so many apples in one place" The highlight of the day was the Tractor in the playground and of course the apples!! The children were able to eat and take apples home, climb the tractor and learn about where our wonderful local produce comes from.

Dragonball

Ian, Deanna & Conor are looking forward to bringing a new sport to Meadowfield school in the upcoming terms.

Dragonball is a new, fully inclusive sport designed for maximum participation & engagement.

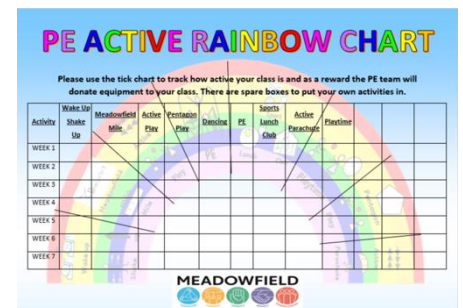
There are 7 Dragonballs in every game & when a Dragonball is in a goal it stays there until all the Dragonballs have been scored in goals. Every game has a winner.



SCAN ME



Active Rainbow Challenge



In the new year we are launching the PE Active Rainbow where classes will gain rewards for being physically active within School. An example of how pupils can be active in class is by doing wake up and shake up, active play, PE, dance, sports lunch club, soft play, active parachute, pentagon play, Meadowfield mile and many more. The more active classes the more rewards!

Lunch Club Updates

A huge thank you for everyone's continued support with Lunch clubs. With more students engaging, we are slowly developing healthier children and encouraging healthy lifestyle choices through the various activities on offer through the week.

New PE Ambassador

Sean has been supporting a number of primary classes in their PE focussing on travelling as the theme.

Competition Reports

Football



Well done to Nightingale and Peacocks who took part in the round robin football tournament with Milton Court and Lower Halstow Primary School.

All demonstrated excellent sportsmanship and teamwork with Lower Halstow winning the competition, well done guys!



Cycling Skills

A huge success with Milton Court when they visited Meadowfield in a road safety cycling awareness course with Ian and Nightingale class. The objectives were to be able to use a bike correctly, signalling, braking correctly, awareness and control.

Follow up activities with Milton Court is a Kinball competition in terms 3 and 4.

Swimming

School Trips

Soft Play

A huge well done to Robins, Nightingale & Peacock class for their amazing work during swimming at Faversham pool. Robins class have been developing their independence in personal care, before & after swimming as well as following all safety rules during their visits.

A huge thank you to Conor, Amanda, Maria, Johnathan, and Jean for their contribution to the huge success for swimming enrichment.

Bluebells and Caterpillars classes have been going to the Swallows Active Zone for PE Enrichment this term. The adults have been encouraging the children to exercise in a variety of different ways which has helped their physical development, their mental wellbeing and spatial awareness. Negotiating the apparatus in a fun environment has required strength, agility and fitness. Using the larger muscles in the body to run, climb and jump has promoted physical development, and the smaller muscles have had a workout too. Using their hands to grip scramble nets, ladder handles and clinging onto monkey bars has helped to strengthen the smaller muscles in the hands. We have had a great time, and the pupils have been amazing at transitioning to a new environment, Well done everyone!

Huge thank you to Kate and Laura for being our minibus drivers.

Pupil of the Term

Ian

Martin (Spielberg) for his determination in PE & demonstrating PE values to a high level

Danis (Wrens) for his continuous efforts to try hard in PE

Deanna

Violet (Poppies) for her amazing efforts and determination in PE.

Cody (Ducklings) for his hard work in PE and superb engagement following rules of games.

