

## Toilet training readiness assessment

Name:

	Always	Often	Occasionally	Never
<b>Understanding</b>				
Understands visual cues and/or objects of reference				
Verbal language				
Responds to instructions/information				
<b>Motor skills</b>				
Reliable balance				
Accurate fine motor ability				
<b>Awareness</b>				
Indicates bowel or bladder activity				
Empties bowel or bladder in a selected place				
Shows interest in others using the toilet				
<b>Bladder maturity</b>				
Able to hold wee for 1-2 hours				
Dry during daytime naps				
Dry nappies at night				
<b>Bowel functioning</b>				
Regular bowel pattern				
Presence of constipation				
Presence of diarrhoea or loose bowels				

## General information / assessment

Profile	Present	Intermittent	None	Notes
Anxiety				
Fixed routines				
Sensory difficulties				
Intense interests				
Ability to transfer skills to other situations				
Ability to understand sequences of activities				
Good understanding of words or symbols				
Distressed behaviour or meltdowns				
Shutdowns or withdrawal				



This is also available in the book *Toilet Training and the Autism Spectrum (ASD) – A Guide for Professionals* by Eve Fleming & Lorraine MacAlister

[www.jkp.com/uk/toilet-training-and-the-autism-spectrum-asd](http://www.jkp.com/uk/toilet-training-and-the-autism-spectrum-asd)