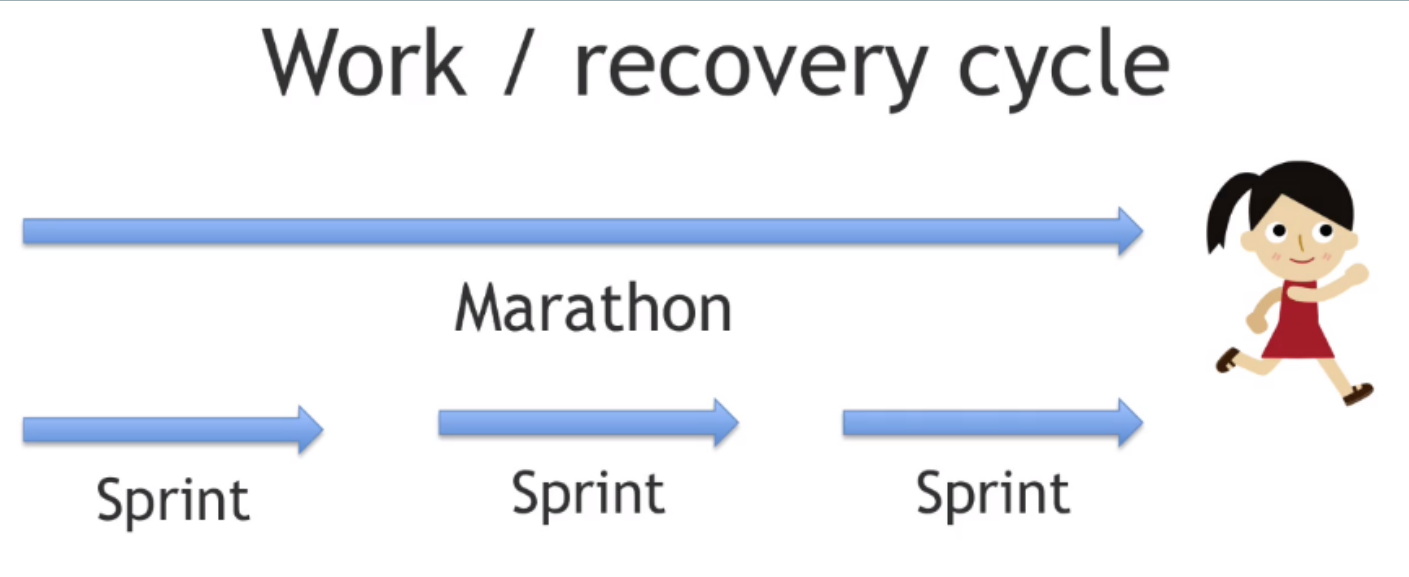


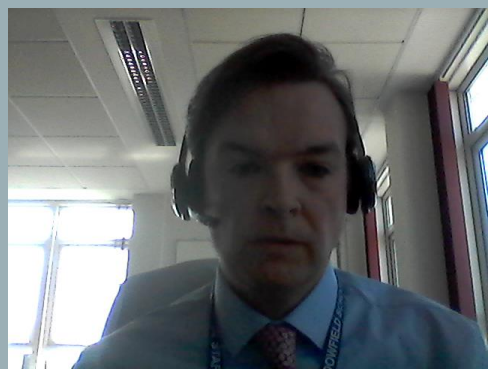


HERE'S HOW TO.....

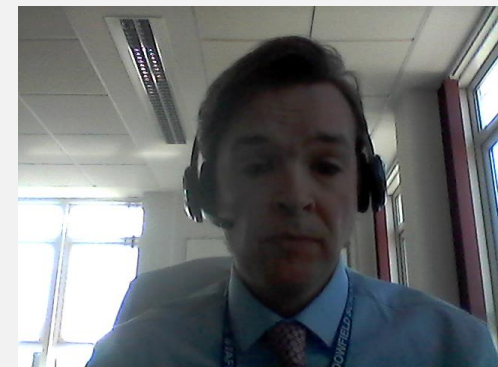
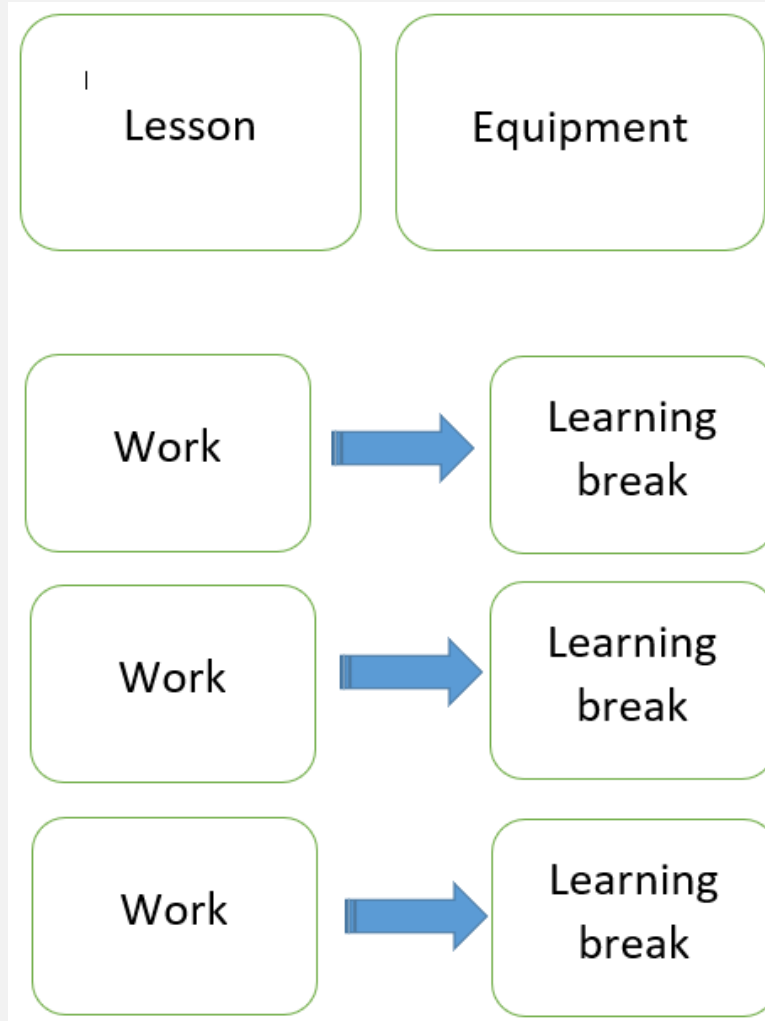
USE A WORK RECOVER TASK BOARD WITH A STUDENT



JONATHAN SMEETON STLS SWALE



WHAT IS IT?



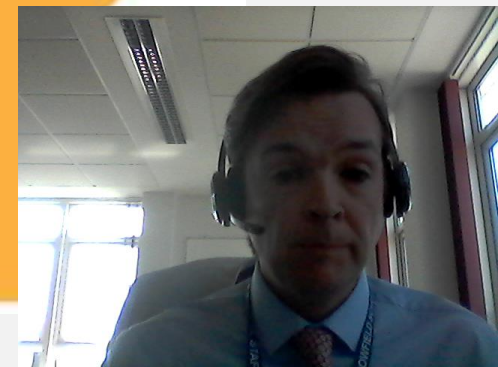
WHO IS THIS FOR?

- Supports working memory
- Getting started
- Holding information in mind
- Time



EXECUTIVE FUNCTION DEFICITS

- A strategy or tool to support with this

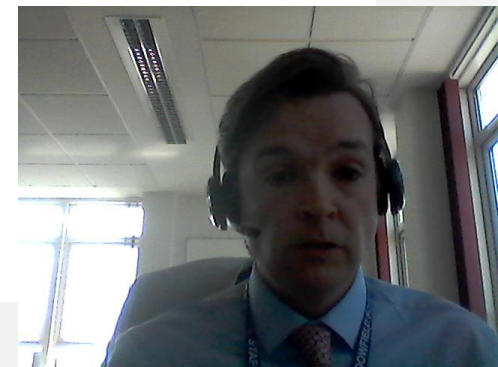




EXECUTIVE FUNCTION IS THE BRAIN'S

AIR TRAFFIC CONTROL

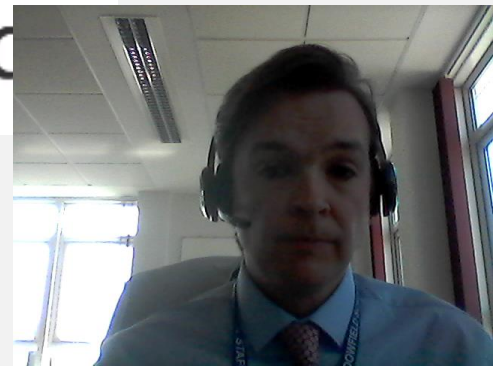
- Inhibitory Control
- Working Memory
- Cognitive Flexibility



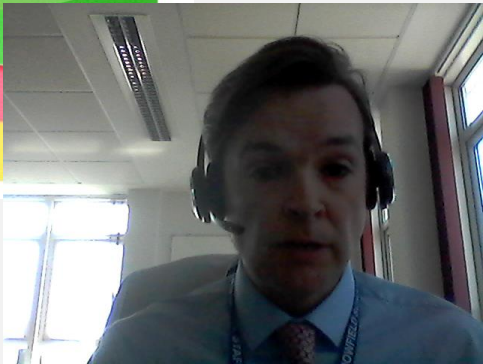
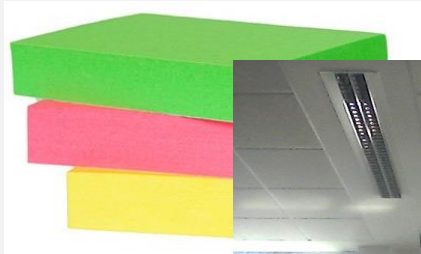
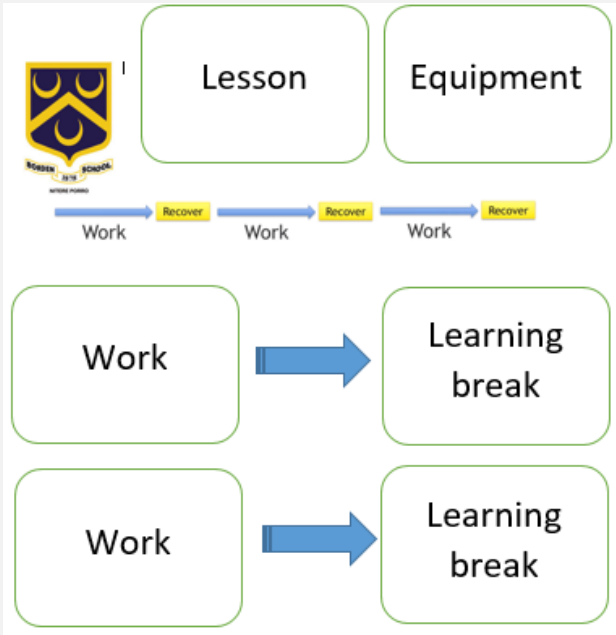
Prefrontal lobe



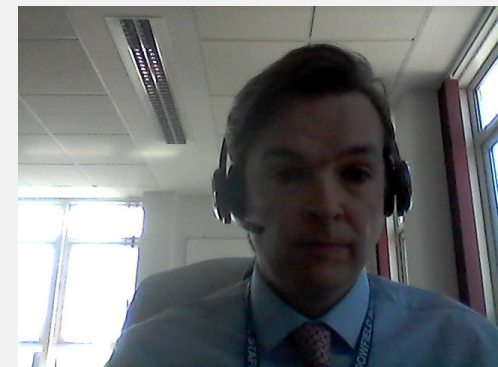
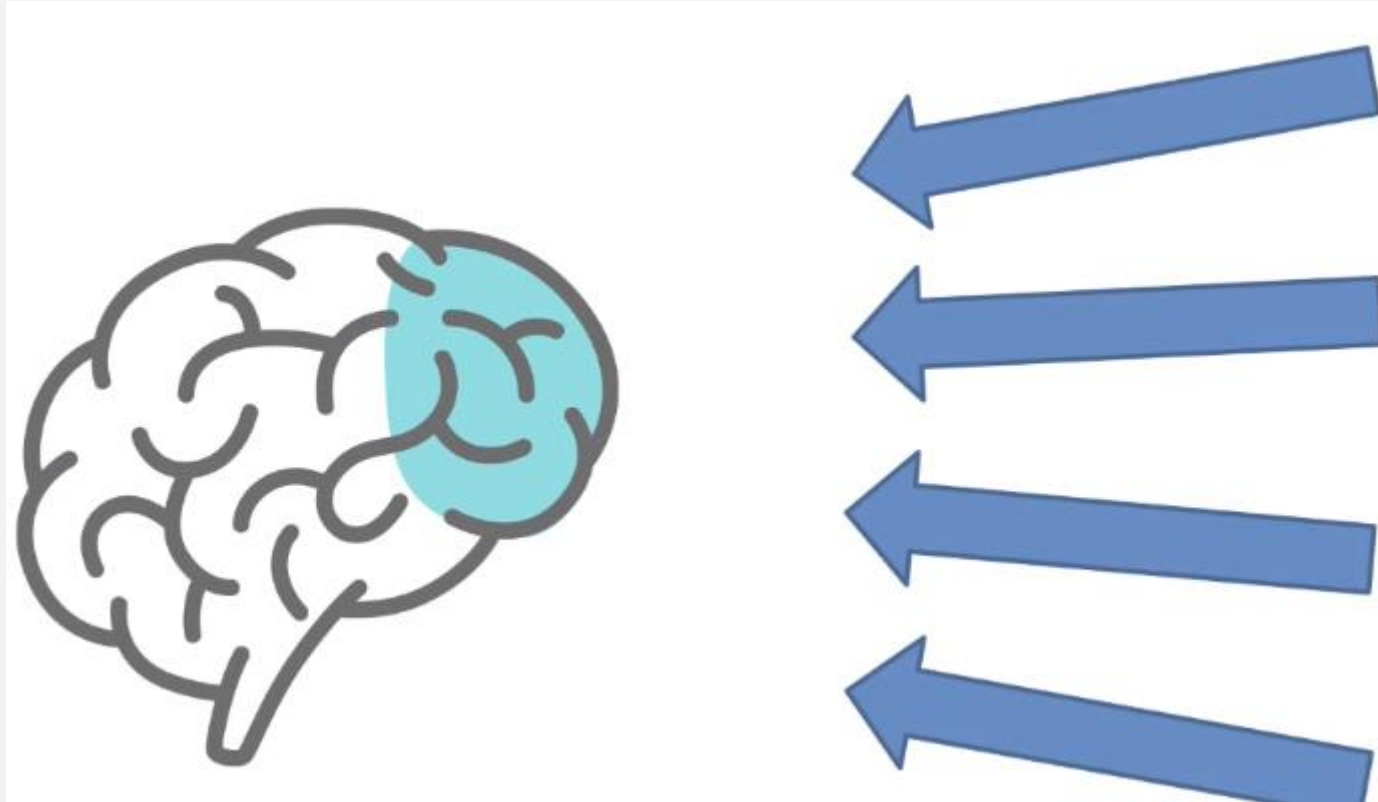
- Regulating emotions
- Attention
- Behaviour
- Problem-solving
- Planning ahead



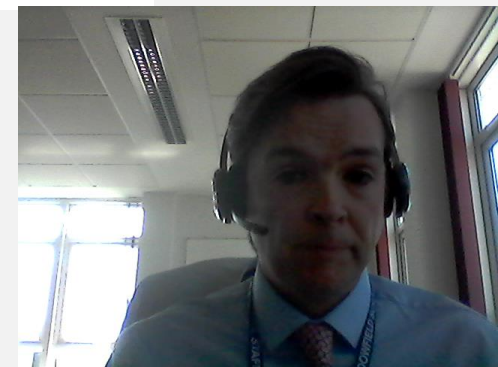
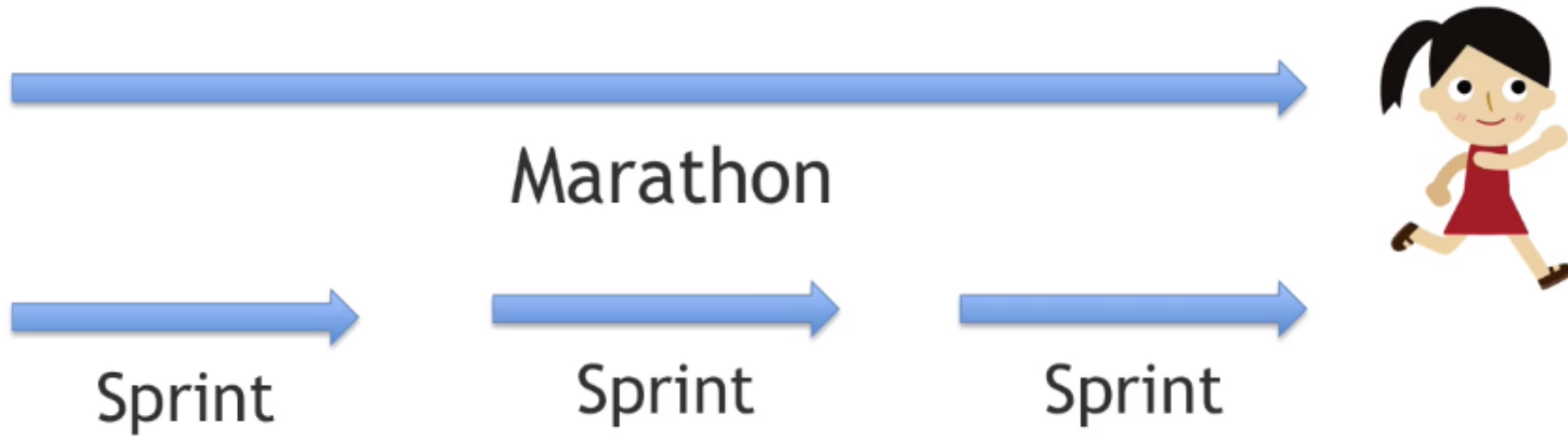
UNRELIABLE INTERNAL SYSTEMS – EXTERNAL PROMPTS

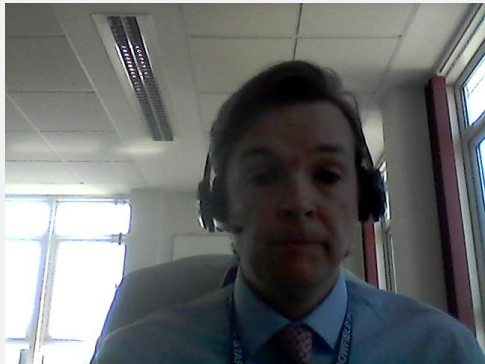
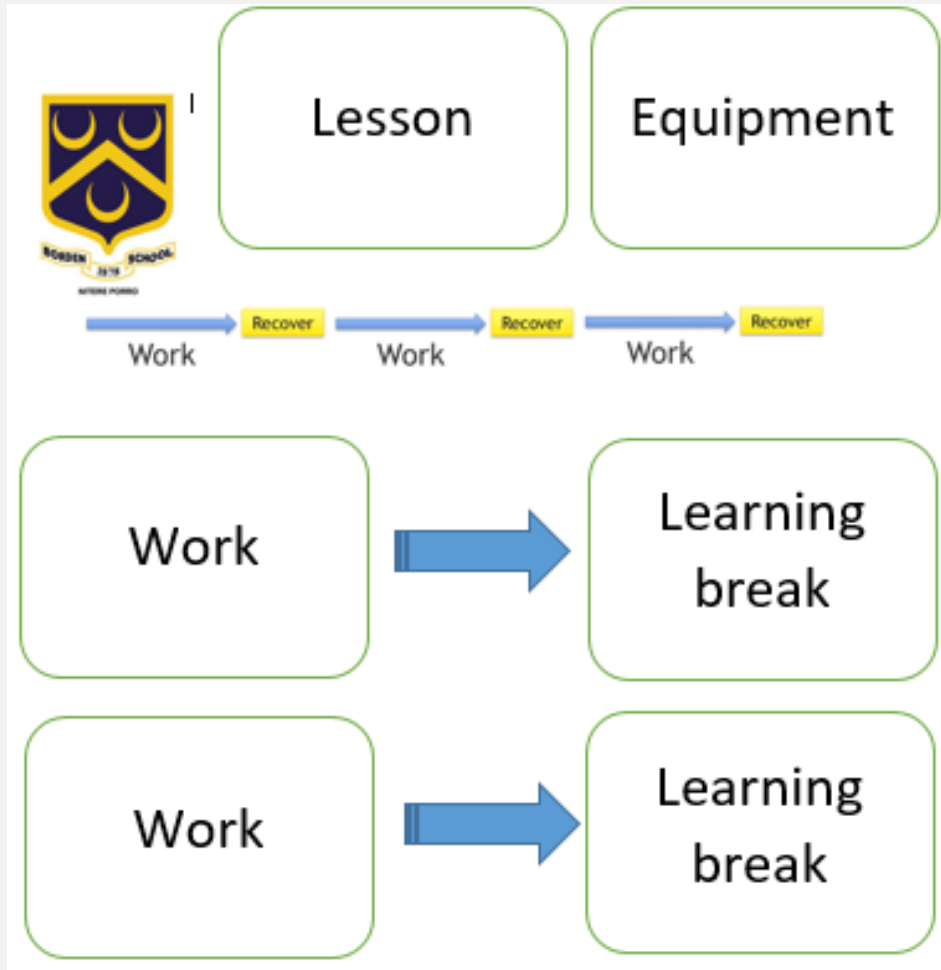


THE PROBLEM OF FOCUS



Work / recovery cycle





FINAL THOUGHTS

- Everyone benefits from chunking tasks
- Visual and tangible
- Everyone benefits from cognitive recovery
- Psychology – making it achievable
- Giving a tool that accommodates and is geared toward success
- We all do this – normalise

