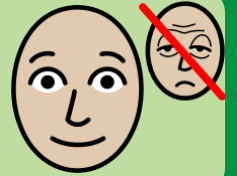


Alerting

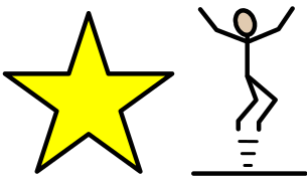


1



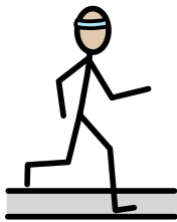
Run between 2 points

2



Star jumps

3



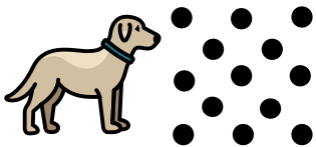
Jog on spot

4



Step ups

5



Spotty dog

6



Jump on spot