




Learning	How long on timer?	Feelings	Comments
<p>Morning Check in and register, early work</p> <p><i>Topics and learning for the day here</i></p>	<p>20 minutes</p> <p><i>Times/Timer to be used if appropriate</i></p>	<p> happy, excited</p> <p><i>student to identify – do this throughout day after sessions and when student ready. If left until end of the day</i></p>	<p>Looking forward to science volcano experiment</p> <p><i>Comments from student – adult can help.</i></p> <p><i>Specific positive comments from adults</i></p>
<p>Handwriting and reading</p>	<p>45 minutes</p>	<p></p> <p>Frustrated, embarrassed, forgetful</p>	<p>Hate the way my writing looks. Takes looks of energy and I get cross. Worried about the writing and forget what I'm writing.</p> <p>I could see you really concentrated on your writing well done.</p>
<p>Maths</p>	<p>45 minutes</p>	<p> Excited</p>	<p>Love using Numicon set and taking photos – made times table easy to understand</p> <p>Got to do Mathletics on the iPad</p>



Happy



Sad



Angry



Scared

Leave me alone



Tired



HAPPY EMOTIONS

Curious	Proud
Confident	Respected
Courageous	Peaceful
Loving	Optimistic
Inspired	Playful
Brave	Thankful
Joy	

UPSET EMOTIONS

Pressured	Depressed
Scared	Lonely
Defensive	Abandoned
Worried	Unimportant
Worthless	Hopeless
Stupid	Guilty
Disrespected	Ashamed
Excluded	Disappointed
Threatened	Embarrassed
Nervous	Ugly
Misunderstood	Small
Angry	Bored
Let down	Stressed
Humiliated	Tired
Betrayed	Overwhelmed
Jealous	Surprised
Frustrated	Confused
Annoyed	Bullied
Disgust	Down
Contempt	Unloved