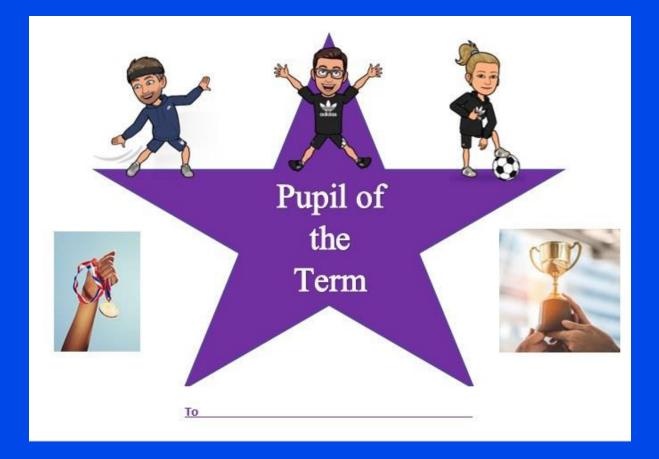
# **PE Newsletter Term 4**





This term we have been continuing to build on our Gymnastics skills, building routines & gaining proficiency in our movements.

We have also started to introduce our term 5 theme, Health Related Fitness, to support our pupils improve their general fitness levels & continue to build a love for movement & exercise. Please see the Newsletter to see what our pupils have been doing in PE & in the wider community this term....



# lan

Harry - Kestrels This term in our informal PE lessons we are improving on functional skill. This is includes stability and locomotion, Harry in Kestrels class not only supports transport time as our transport officer but is a real super star in lesson. He always completes the warm up, stretches and tasks set. He really enjoys the running and parachute activities at the end of PE. Harry has really improved his verbal communication, confidence and resilience to new challenges. Harry is starting to become a leader within the class communicating to others what comes next - Well done Ian and the PE team are mega proud of you.





Lilly - Honeybees Lilly is our youngest pupil of the term but her age certainly doesn't hold her back. Lilly is a determined little lady who shows incredible strength and body control in every lesson, when using the gymnastics equipment Lilly shows incredible bravery and leads by example. Lilly and her efforts often enable and provides extra encouragement to other members of the Honeybees class. Lilly will be a fantastic sportsperson one day very well done.

#### Emelia - Diamonds This Term we have undertaken dance and completed parts of the motor activity training program (MATP). Emelia loves attending PE on a Wednesday and has really been working hard improving her walking and co-ordination. Emelia is hard working and has really developed her self confidence in the large sports hall. Emelia always has a smile on her face and brings an infectious positive energy in lessons. Congratulations to Emelia

### Deanna

#### Megan – Kahlo

Well done to Megan who is one of Dee's pupil of the term! Megan has taken part in every lesson this term and engaged, met all learning objectives and has absolutely smashed it and has some great dance moves! Well done Megan!

Stephen and Teddy – Poppies Well done to Stephen and Teddy who have worked hard in PE this term! They have both been doing very good listening, independently changing at swimming and have improved their swimming skills! Well done boys we are all very proud of you!

#### Conor

Callie - Kingfishers This term Callie has been an absolute superstar in PE. She has been actively joining in with a full warm up, including playing sticky wall & performing some stretches as well as performing rolling, vaulting, climbing & jumping. Callie does all these things in PE with a huge smile every week! Well done.





#### Esme - Sunflowers

Esme has been brilliant this term. In Sunflowers, we have been engaging in rebound as part of gymnastics & Esme has taken to the trampoline like a duck to water. She is so confident with bouncing in different positions, speaking & signing for more bouncing & attempting new skills every week. She is also a go to pupil to support with tidying up after PE

& holding the doors for her class to go

through.

Fantastic job Esme!

# **Rebound Therapy with Sunflowers**







A huge success for rebound therapy in Sunflowers class this term! Pupils thoroughly enjoyed themselves and had a great time! This will continue for the rest of the term as the pupils really benefitted from this. Pupils were also developing their communication skills by signing and communicating wanted more bouncing.

# **Daisies Aqua Splash**







Daisies have had a fantastic time using the pool for Aqua Splash sessions this term. We have been developing our independence with changing in & out of swimming kit, improving confidence in the water & have started to be brave by floating on our front & back.

A massive thank you to the Daisies team for supporting their class every week. Well done everyone!



## **Boccia at Valence school**







We visited Valance school on the 27th February PE teachers Ryan and Jordan at Vallance school welcomed by the lovely Valence pupils played a Boccia tournament against Meadowfield pupils in Butterflies class.

It was the most magical experience watching the interactions and positive levels of participation in their first Boccia tournament. The Valence school had clearly been practicing and were to strong for the Meadowfield Boccia team with their aiming and arm strength.

Our pupils in the first half showed excellent determination and managed to draw level with James and Tate throwing with excellent accuracy.

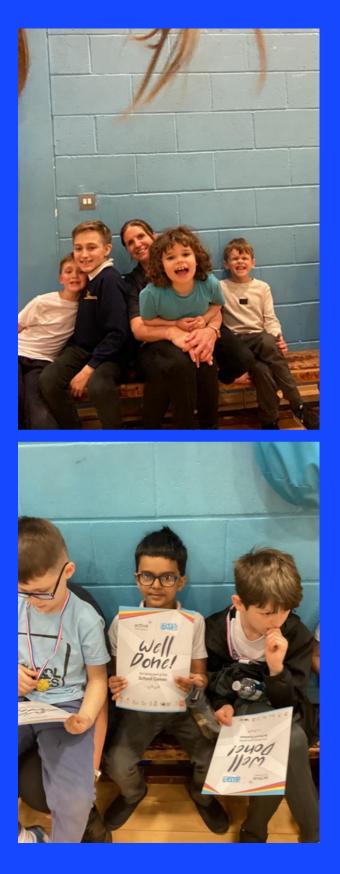
# **Table Cricket Kahlo**





Well done to Kahlo for competing in the Kent School Games Table Cricket at the St Lawrence Spitfire Cricket Ground, you all did amazing and Dee is very proud of you as this was a completely new sport for Kahlo class so well done! Huge thank you to Dawn, Grace, Karen and Becs for joining!

# Speed Stacking Fixture





This was a huge step for Meadowfield School on Thursday 21st March 2024. We not only attended a Kent School Games fixture with 1 group but 2! We took 2 groups to take part in a speed stacking fixture against lots of other primary schools. All the pupils loved it and it was something they had never done before but all gave it a go which meant Dee and Conor could not be prouder. Well done guys you all smashed it! A huge thank you to Claire Geeves out local School Games Organiser for organising it and offering for the two groups to come. All pupils received medals and certificates so well done









# **Soft Play**

**Butterflies & Starlings** 

This term Butterflies & Starlings have attended soft play at Swallows Leisure Centre. Both groups have thoroughly enjoyed their time together, building new friendships & developing new skills for adult life.

# **Swimming Poppies**

A huge well done to Poppies this term for their swimming at Faversham Pools, it has been a huge success where the pupils have made a great amount of progress, from some being worried about getting in the ball to nearly all putting their faces in, some collecting sinkers from the bottom, doing push and glides, some swimming by themselves without floatation devices! I am so proud of you all! Well done. Reminder for Snowdrops, it will be your turn next term!

Remember every Tuesday costume/trunks, towel and googles if you want them.



# **OSF Funding**





In collaboration with a number of national partners including the Street Games, UK active and Youth Sports trust. Meadowfield has been awarded for a third year funding to promote use of the schools facilities and improve pupils activity levels.

A huge thank you to Active Kent and Medway and all the partners for supporting Meadowfield school once more and helping the PE team Art and Music departments and allowing us to promote our schools first SEN Sports club and first holiday programme.

£12,000 will be spent on our free after school provision with Inclusive Sport. During the summer a dance workshop will be set up with a choreographer to promote dance and train staff at Meadowfield in SEN dance specific activities, movement director Jodie Cole is experienced with PMLD groups and VI pupils. https://www.jodiecole.co.uk/about

Who uses the healing powers of movement to cross social divides, she celebrates difference, uses movement to unite experience & brings performance to unexpected places. On large scale site we will run 3 workshops and 1 whole school dance performance during or Olympic themed sports week.

# **Aspire vs Meadowfield**



On the 20th of March year 6 pupils from Aspire school in Sittingbourne participated in a multi sports event at Meadowfield school. Nightingales class competed in treasure chase games, basketball, relay races and more. A huge well done to all the pupils who participated and specifically to Riley and Zack for showing brilliant confidence leading the warm up for Aspire and Meadowfield

#### Thank you To Gillingham School

Tom is from Gillingham school, he kindly donated some basketballs to the PE team and school.

This means we can now update our much older equipment for next academic year.

Thank you Tom



## Thank you to Penny & Jack



We always like to provide a shout out to our fantastic TA's!!!. This term we would like to thank Penny for always leading by example in PE and encouraging pupils to be active. Jack for running football 4 all every lunch time and he kindly donated some goal keeping gloves.

## **Sports Connect course**



Thank you to Sports Connect for offering our sixth form pupils the Community Masters Project.

The pupils travel every week to the Apple Yard in Sittingbourne and undertake practical teamwork tasks and undertake activities that develop self confidence and employment opportunities in sports.

Thank you again to Sports Connect for supplying the funding for the nine week course .

We had great feedback from staff saying how polite, respectful and hard working Meadowfield pupils were. A very well done to everyone involved. www.sportsconnect.uk.