



PE Newsletter Term 1

A huge welcome back to all pupils, parents & carers to the new academic year. The PE team have some great aspirations for the year ahead & we look forward to sharing all our successes throughout the year.

This term the PE team have been engaging pupils with team games & sports, emphasising key themes such as sharing, taking turns & promoting the school's term 1 value - Positivity.

Please see the PE newsletter to see what our pupils have been doing this term....



Coming up next term....

Aqua Splash sessions

Sunnybank, Caterpillars, Jays, Kestrels, Snowdrops & Sunflowers will all be engaging in weekly Aqua Splash sessions throughout term 2.

Swimming at Faversham pools

Woodpeckers & Poppies will be going to Faversham pools with Deanna in term 2. Please note that Faversham pools will be closed for 2 weeks due to maintenance.

For those weeks Woodpeckers & Poppies will engage with Aqua splash sessions at the school.

<u>Soft Play</u>

Robins & Kingfishers will be going to Soft Play at Swallows Leisure Centre with Conor through term 2.

Dance Workshop

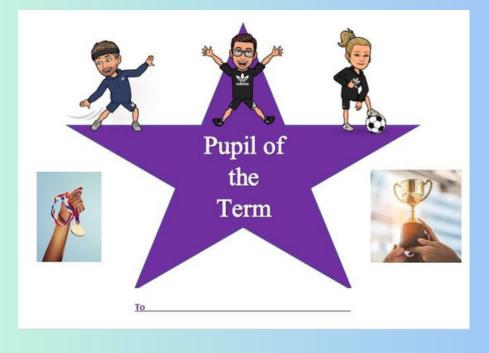
Hedgehogs class will be attending a Dance workshop in Teynham, please keep an eye out for photos next term.

Winter Wonderland

On the last week of term 2, the PE team and creative department are working together to transform the sensory garden into a magical Christmas wonderland. With the goal to encourage pupils into nature whilst enjoying a sensory experience that embodies the joy of Christmas. The Winter Wonderland will run from Monday 16th to Thursday 19th - There will be some opportunities to discover unique animals and creatures on the 19th December.

Watch out for further details! Thursday 19th December Parents & Carers will be invited to the enjoy the winter wonderland and Christmas market

Pupil of the term



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<u> Diamonds - Luna</u>

This Term has been a joy to work with Diamonds class and all the pupils in the class have showed

engagement and focus throughout. It has been particularly great to witness the improvements of

one pupil. Luna arrived in her wellbeing PE session as a shy person who found the transition to a new

space a challenge but with some positive focus activities and music to motivate we have seen Luna

grow and really thrive in the motor activity training. Luna has really enjoyed the afro beats music

and dancing that has been practiced. The task 'move your feet to the beat is her favourite.

Well done this term Luna you deserve our pupil of the term award.

Ladybirds - Arlo & Ayden

These two super starts have shown excellent results in their bravery to try new tasks. This has included the giant steps and running activities. They follow instructions well and are motivate. When in the hall they enjoy different experiences including the scooter boards and train. They have really grown in their physical confidence and development working towards more complex movements.

Keep up the hard work Arlo and Aiden and well done our PE pupils of the term



Deanna



<u>Turing – David</u>

David is always happy when he comes to PE, nothing is every too much and I am so proud of how far David has come in PE.

I have taught David for nearly 3 years and he is amazing, he never says no, always gives things a go first and then if he struggles he will look around to see how his peers are doing it and try to learn off of them or Dee.

David is a real credit to PE and demonstrates the schools values on a daily basis, especially this terms value positivity, he will light up a room with his dance moves too!



<u>Skylarks – Jaiden</u>

I have taught Jaiden for 3 years now, nearly 4 and I am very proud of how far he has come, his gross motor skills have improved tremendously especially his side steps.

He now follows 3 or more rules and will also lead by example showing his friends what to do. He is quick to give everything a go and will also look to staff if he needs help.

He has led if your happy and you know it song all term and often helps shout sticky wall during the warm up!

Well done Jaiden keep up the good work!

Conor

Robins - Mikey

This term Mikey has been exceptional, demonstrating positivity & kindness. We have been making use of the air bikes from the gym & trikes in the hall, encouraging taking turns to ensure that everyone has a go. Mikey has been a great role model for Robins & has made me very proud this term. Well done!





Tadpoles - Thomas

Thomas has shown great enthusiasm for PE this term.

He is always willing to try new activities & always with a big smile. He is a terrific role model for his peers in Tadpoles, demonstrating a positive attitude & a willingness to help others. Great job Thomas!

Honeybees - Carter

Carter has been a pleasure to teach for PE this term. He is always excited for PE every week, joining in with Sticky Wall & engaging with any activity that we do. Every week he demonstrates all the PE values -

Determination, Respect, Proud & Enthusiastic & I look forward to teaching him every week. Well Done Carter!







Engage meet local NBA Superstar



Diamonds class would like to say a massive thank you to Ryan Richards from Richards Elite, for coming in and delivering an incredible basketball workshop. The session focused on developing fine motor skills including reaching out to touch the ball as well as pushing it down the shoot.

It also focused on developing engagement; all the children had lots of fun with Ryan, with smiles, laughs and happy vocalisations throughout!

https://richardselitebasketball.com/









PE Kit Donations



Fabulous TA supports the PE team Kayleigh has been really kind and donated football kit and trainers to the PE team.

This will help promote pupils to wear the correct uniform for the right task. The trainers are always needed and will be used when we organise the next Meadowfield Mile.

PE leader Hayden and ambassador Alex

We have been super lucky to have Hayden and Alex help within the school community. Hayden is a former pupil at Meadowfield and has been working with different departments in the school including Art, music and reception.

Where Hayden has gone above and beyond in his efforts to help out in everything from gate duty to music operator.

Most recently he has been showing what a positive influence he is on the younger pupils, by supporting in PE lessons and during our Thursday sports clubs.

Its wonderful to see the interaction and connection that takes place between Hayden and our younger pupils. Many of whom cant wait to see the duo of Hayden and Alex again. It's wonderful to have former pupils showcasing their skills with such a positive energetic approach to improving the actively levels of pupils. Thank you for your hard work and we really loved having you back.



Pentathlon Girls Football





This term Meadowfield School worked with Active Kent & Medway to host a Pentathlon Girls football event on our playground. In attendance were Fulston Manor, Marsh Academy, Rochester Independent College, The Beacon, Five Acre Wood Academy & our very own team of 8.

All schools engaged in a variety of different skills based activities finishing with small games of 4 a side & a medal ceremony.

All pupils showed amazing determination & resilience throughout & had a brilliant day. Well done!

https://activekent.org/

KSENT Meeting



The KSENT PE meeting was held on the 8th October. With over 17 schools from KENT attending there was much to discuss. The long term goal is and continues to work together to improve the landscape of Sport and Activities for pupils with SEND. With this in mind a number of activities will be organised and hosted by other schools.

A special thank you to Eddie and Caz from Kent Judo and Josh Jenner from the Outdoor Classroom who have been really supportive and spoke about sporting opportunities for pupils.

- Term 3 Orienteering at Valance date TBC
- Term 3 Judo 2 days at Meadowfield date TBC
- Term 4 Badminton at Broomhill date TBC
- Term 6 KSENT games 17th June venue Medway Park

By working with Active Kent and Medway KSENT PE and school sport has a platform to promote events and fixtures

https://activekent.org/children-and-young-people/kent-school-games/kentschool-games-2024-25-events/

https://www.ksent.org/

After school club update



INCLUSIVE SPORT (the sustainable model)

The after-school club will be looking to grow and evolve as the funding ends soon. The ambition is to continue the club long-term , with the support from parents and carers we are on our way to making this available for more pupils in school.

By clicking on the link via weduc parents and carers can sign up easier than before.

Thank you to the partners and carers who have already signed up and lastly Inclusive Sport for getting this club off the ground.

Let's continue keeping children active and healthy!

https://inclusivesport.org.uk/

Swimming

The PE Team have been looking at swimming as a whole for the school to improve pupil's water confidence and swimming abilities.

From September pupils who complete a term of swimming will be graded based on the Swimming Teachers Association Rock Hopper grading system.

This will enable parents and carers who may wish to take their child to swimming lessons outside of School they can and if you told them the grade your child is working at the swimming school would know their ability.

This also means that this assessment will be visible on Evidence for Learning for Parents and carers to view. Pupils will also receive a swimming badge and certificate after their term of swimming.

Aqua Splash update

The PE team are now overseeing the Hydro Pool timetable and Whole School Swimming! Swimming is a huge life skill that not only focusses on physical skills but also independency to get changed, listening, building of social skills and more. From leading this, we have brought some new and exciting equipment for the Hydro Pool space to help engage pupils in swimming through a variety of ways!

Next terms aqua splash sessions will be -



- Snowdrops on Monday
- Jays & Kestrels on Tuesday
- Sunflowers on Wednesday
- Caterpillars on Thursday

Swimming at Faversham Pools



Tuesdays – Poppies

Wednesday - Woodpeckers

However Faversham will shut their pool for 2 weeks due to maintenance from the 11th November so during this time they will go to the Hydro Pool at Meadowfield for Aqua Splash on Monday 11th November and Monday 18th November 2024.

Thank you to Conor for leading these sessions.

https://www.favershampools.com/

Soft Play

In Term 2 we will have Kingfishers & Robins attending Soft Play at Swallows Leisure Centre every Tuesday.

Watch out for some amazing photos!

https://www.swaleleisure.com/swallows -leisure-centre/facilities/active-zone/



Boogie tots



This term Emeralds, Kestrels & Starlings have been exploring movement through dance with Boogie Tots.

Every week a member of the Boogie Tots team will lead sessions, teaching pupils different dances & developing a love for music & dance.

https://www.boogietots.com/

Non Contact Boxing

Pankhurst & Woodpeckers have been engaging in Non Contact Boxing with Olympia Boxing every Tuesday. They not only develop physical fitness, but also learn the basics & fundamentals of boxing in a relaxed, non competitive way.



https://www.olympiaboxing.co.uk/

School Raffle

Help needed! If you would kindly like to donate a raffle prize to FOMS for our Christmas Raffle, please contact Ian Harman

Sporting Success Outside of School

Please feel free to share any sporting successes outside of school. The PE Team are always keen to hear about everyone's achievements & love to share these.

