

PSHCE at Meadowfield

Key to Meadowfield school's mission is to create confident individuals living fulfilling lives, prepare children for adulthood and promote resilience, persistence and independence in all that we do. PSHCE at Meadowfield embodies and extends these key aims, using the four departments as building blocks to allow all pupils to make progress in their relationships, health and well-being and their understanding of modern society.

In the **EYFS and Extended Impacts** department, the PSHCE curriculum focuses on those foundational skills of understanding their own needs and feelings and communicating these to gain independence, thus equipping them with the tools to interact appropriately and build relationships with peers and adults in their class community.

In the **Impacts department**, the PSHCE curriculum focuses on individual needs and communication. Students are also encouraged to engage with their peers with adult support. Students are encouraged to make choices through their specific communication systems which in turn enables them to have ownership in their day and encourages their independence.

In the **Subject Led** department, the PSHCE curriculum advances to encourage children to further explore their relationships with others. A key focus is on how to make informed choices for a healthy life and keep themselves and others safe, alongside a developing focus on RSE and the issues that surround this. This includes providing targeted support and workshops to help students understand and cope with issues that arise at puberty such as periods and romantic relationships. Moreover, PSHCE coverage will encourage students to examine their roles and responsibilities within the wider school community.

In **Sixth Form**, the focus of PSHCE is much more on functional skills, in which students are prepared for the financial responsibilities and life skills needed to take their place in the local community as responsible adults.

PSHCE Curriculum Days 2021-2022:

Term 3 (09.02.22) - Healthy Living Day

Term 6 (w/b 11.07.22) - People Who Help Us Day